

HOW LONG WILL IT LAST?



1-2 DAYS

artichokes
asparagus
avocados
beans
blackberries
broccoli
cherries
corn
mushrooms
mustard greens
okra
raspberries
strawberries
watercress



6-7 DAYS

apricots
bell peppers
blueberries
brussels sprouts
cauliflower
clementines
grapefruit
green onions
jalapenos
kale
kiwi
leeks
lemons
limes
lychees
oranges
pears
plums
spinach
tangerines
tomatoes
watermelon



3-5 DAYS

arugula
bananas
bok choy
broccoli rabe
cantaloupe
chard
collard greens
cucumbers
eggplant
grapes
honeydew melon
kohlrabi
kumquats
lettuce
mango
nectarines
papaya
peaches
persimmons
pineapple
plantains
radicchio
yellow squash
zucchini



OVER A WEEK+

acorn squash
apples
beets
butternut squash
cabbage
carrots
celeriac
celery
cranberries
garlic
onions
parsnips
pomegranates
potatoes
pumpkin
radishes
rutabagas
shallots
spaghetti squash
sunchokes
sweet potatoes
tomatillos
turnips

